



MENTAL HEALTH/MENTAL RETARDATION ASSOCIATE 1 TRAINEE

FUNCTIONAL DEFINITION:

This is beginning level work of a training nature in the therapeutic care and rehabilitation of the mentally disabled. An employee in this class participates in multi-disciplinary training designed to develop the basic knowledge and skills necessary for work in a facility-based program for the mentally disabled. As knowledge and skills are acquired, developmental assignments are performed under the close supervision of a high level Mental Health/Mental Retardation worker. Work is reviewed through individual and group conferences and an evaluation of participation in classroom activities and training assignments.

EXAMPLES OF WORK PERFORMED:

- Participates in a multi-disciplinary training designed to develop the basic knowledge and skills necessary in the therapeutic care and rehabilitation of the mentally disabled.
- Assists higher level Mental Health/Mental Retardation worker in the performance of routine duties, in accordance with specific instructions
- Learns to observe the behavior, attitude and physical condition of patients and/or clients
- Learns the basic techniques and attitudes necessary to maintain a therapeutic environment for the mentally disabled
- Learns to maintain simple records and to make routine reports
- Performs related work as required

REQUIRED KNOWLEDGE, SKILLS AND ABILITIES:

- Ability to learn and apply the basic principles, practices and procedures involved in a multi-disciplinary program for the mentally disabled
- Ability to develop and maintain an understanding attitude toward the mentally disabled
- Ability to learn to maintain simple records and to prepare routine reports
- Ability to follow simple oral and written instructions

QUALIFICATIONS REQUIRED:

No previous experience or training required